

Moving Questions

In this document I offer you several ways of using the card deck Moving Questions. Be inspired by these ways. Use the cards in a playful and curious manner.

The questions that create most movement are questions that invitations. Invitations to give new meaning to old and complex problems.



About the card deck

The questions have been subdivided into the categories general, personal, inclusion, order, exchange and organisation.

Every category has its own colour. The colours and categories aren't displayed anywhere on the cards themselves. This creates space to use the questions and colours in your own way. On the reverse side of the cards are symbols. You can use these as table constellations, with the cards becoming representatives.

Card deck Moving Questions

Available at www.moving-questions.com



Preparing using Moving Questions

- Select an activity from your diary, something where context is important.
- Select one card with a question that is relevant.
- Select one card with a completely irrelevant question.
- Answer both questions in relation to the activity.

Then start preparing for the activity as you always do.

The question you know so well

- Read all the question cards. Do it quickly, intuitively.
- Select the question you've been carrying with you for a long time, that you've known for years.
- Explore how this question impedes your current life.
- Explore how this question enhances your current life.

Take a few days to do this.

The question has the answer

- Think about something that's on your mind, a problem or a desire.
- Select a random card from the pile. Decide that the question on this card can give you direction regarding what's on your mind.
- Answer the question in as many different ways as possible. If necessary, take a few days to do so.

Every answer provides new insights and possibilities for action.

Using the categories

- Determine which category is probably most relevant to the issue you want to explore.
- Answer all of the questions in the category. Note down the answers to the questions in the form of drawings or symbols on a large sheet of paper. By doing so, you'll be able to see the whole picture.
- Explore what the sum of the answers means for the larger context your issue is part of.

Starting a meeting

- Spread all of the cards out on the table, let all those present select a card they feel is most relevant to that particular moment, for example the meeting.
- Do not answer the question but tell each other why you chose the question you did.
- Continue with the meeting or consultation as you would normally.

Using the symbol sides

- Start with a simple constellation with the grey sides of the cards. Use the symbols as representatives.
- On the back of every representative, there is a question.
- Allow this question to be answered from the perspective of the representative.

Do this for a maximum of three representatives.

Tips

- In order to work with the questions, a context is needed. And so, you must have a question or issue you would like to explore using the question. Without a context, the questions will become too abstract.
- Sometimes, there are two questions on a card. These questions belong together. Answer both of them, each will provide you with slightly different information.
- Write down the answers to the questions. By writing, you remain in contact with the question.

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